COVID-2 UPDATES #1 Does it come from a lab?

Hi Friends, I will be posting a series of research reviews and my analysis regarding the Covid-2 virus in the next weeks. I'm busy reading research papers and want to share what I have learned and my take on it all based on my position as an herbalist, licensed acupuncturist and research scientist. I will also review herbal and other natural ways to stay healthy.

Among the 3 biggest questions I had in my mind are--what is the true death rate of the virus, how long does it last on letters, packages, and in grocery stores (and how to kill it, disinfect surfaces, letters, groceries, etc.), and is it a bio-weapon created in a lab or a very infectious virus coming from previous strains of Covid viruses (like Covid-1) through natural selection with new mutations?

I'm linking here to a recent study conducted at the respected Scripps Research Institute in California that shows evidence that Covid-2 is a result of natural selection with new mutations derived in bats over the years after previous Covid viral strains like Covid-1.

It didn't just appear magically. It has been a number of years since the last Covid-1 outbreak. The new Covid-2 virus is very similar to Covid-1 genetically. However, Covid-2 has natural mutations that make it easier to connect to human cells and thus is more infectious that the older version. This is not unusual at all. Viruses can mutate quite rapidly. The new virus has been able to mutate and live in bats for years, as the article discusses. With these modifications it was able to jump over to another animal and then to humans.

I know it's easy to suspect people out there are lying, especially these days--covering up bio-weapons, etc. On the other hand I have to believe in scientific rigor and these are reputable scientists publishing data that any other scientist around the world can review and test for themselves. That's how science works. Unless you believe that all scientists are dishonest and being paid off by giant corporations, then I have to believe their results. It looks like good research methods to me. And it is reasonable as well. Viruses are tricky and they can mutate quickly.

The next update will be on how to kill the virus and protect ourselves from it, as well as my current routine. After that I will review the death rate from various angles.

Hope you are staying well. Christopher